

GMERS Medical College, Gandhinagar
Proposed Time Table for First MBBS (2019-20 Batch)

1. Academic year starts from 1st August.
2. First internal exam will be held between 16th Feb to 29th Feb 2020.
3. Preliminary examinations will be conducted in the month of August.

First MBBS			
Foundation Course (1 st Aug. 2019 to 31 st Aug 2019)	As per the Schedule prepared*		
Teaching Learning Sessions	Anatomy	Physiology	Biochemistry
First Semester (1 st sept. 2019 to 28 th Feb. 2020)	General Anatomy, General Embryology, General Histology. 3 minor and 1 Major part. Lower Limb Upper limb, Thorax Abdomen	1. General Physiology, Bio- Physics, 2. Blood 3. Excretory System including skin, 4. Respiratory System including Environmental and Exercise Physiology 5. Cardiovascular System 6. Gastrointestinal System 7. Autonomic Nervous System 8. Nerve & Muscle Physiology	Protein Lipids Enzyme Genetics Carbohydrate
Second Semester (1 st March 2020 to 31 st Aug 2020)	Head & Neck, Neuroanatomy Genetics.	1. Endocrinology 2. Reproductive System 3. Special Senses 4. Central Nervous System	Metabolism of lipid Metabolism of carbohydrate Metabolism of protein Molecular biology

Note:

1. Horizontal Integration (25%) of Neuro-Anatomy, Neurophysiology will be done in 2nd Term.
2. Integration will be done in the form of Nesting, sharing, co-relation and temporal coordination.
3. Early clinical exposure will be done for each system/region as per the need and feasibility of departments.
4. Alignment of Competencies to be done on monthly basis as attached here.

***Layout of Foundation Course**

Sr. No	Subject/content	Hours (MCI)	Hours (Actual)
1	Orientation	30	30
2	Skills Module	35	35
3	Field visit to community health centre	8	8
4	Professional Development including ethics	40	40
5	Sports and Extracurricular activities (ECA)	22	14 - Sports
			08 - ECA
6	Enhancement of language/ computer skills	40	40
Total Hours		175	175

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Foundation course

MBBS Batch 2019-20

Week 1

Date - Day / Time	9 AM to 10 AM	10 AM to 11 AM	11 AM to 12 PM	12 PM to 1 PM	2 PM to 3 PM	3 PM to 4 PM	4 PM to 5 PM
01-08-2019 Thursday	Inauguration, welcome function & welcome speech by dignitaries			Details of fees payment, library membership, hostel allotment, hostel rules & list of resource material for study			
02-08-2019 Friday	History of evolution of medicine	New GMR and MBBS curriculum		White coat ceremony & Hippocratic oath	Mentorship program		Antiragging rules and affidavit
03-08-2019 Saturday	Introduction to 1st year departments, exam pattern, importance of presence and internal marks during MBBS & distribution of log book			Introduction to central library & rules and regulations			
04/08/2019	Sunday						
05-08-2019 Monday	Visit to Anatomy Department (in 5 Batches)		Visit to various departments of college other than 1st MBBS (in 5 Batches)		Sports	Computer OR Language: English / Gujarati	
06-08-2019 Tuesday	Visit to Physiology Department (in 5 Batches)		Visit to hospital - wards, laboratories, OPD, OT & PM room in rotation (in 5 Batches)		Sports	Computer OR Language: English / Gujarati	
07-08-2019 Wednesday	Visit to Biochemistry Department (in 5 Batches)		Visit to library, how to use it, how to issue book and submit back (in 5 Batches)		Sports	Computer OR Language: English / Gujarati	
<u>Week 2</u>							
08-08-2019 Thursday	Study skills and time management	Stress and how to manage stress	Self directed learning and individual activities		Sports	Computer OR Language: English / Gujarati	
09-08-2019 Friday	Project discussion for Self directed learning	Use of mobile & internet in medical education	Group dynamics / activity (Application of learning with mobiles)		Sports	Computer OR Language: English / Gujarati	
10-09-2019 Saturday	Tree plantation	Visit to Mahatma Mandir and Salt mount					

11-08-2019 Sunday	Sunday				
12-08-2019 Monday	Holiday (Bakri Eid)				
13-08-2019 Tuesday	Interpersonal communication skill	Doctor patient relationship	Communication with patient and with his/her family members	Sports	Computer OR Language: English / Gujarati
14-08-2019 Wednesday	Medical profession and role of physician in it	Concept of professionalism and ethics	Introduction to health care workers and their role	Sports	Computer OR Language: English / Gujarati
Week 3					
15-08-2019 Thursday	Holiday (Independence day)				
16-08-2019 Friday	Introduction to research, ethics in publications and scientific writing		Value of integrity, honesty and respect in medical profession	Sports	Computer OR Language: English / Gujarati
17-08-2019 Saturday	Holiday (Parsi new year)				
18-08-2019 Sunday	Sunday				
19-08-2019 Monday	Current health care system	State & National health programs	Vaccination schedule in India	Sports	Computer OR Language: English / Gujarati
20/8/2019 Tuesday	Body donation and organ donation	Importance of documentation & medical records	Feed back in medical education	Sports	Computer OR Language: English / Gujarati
21/8/2019 Wednesday	Visit to PHC / CHC			Sports	Computer OR Language: English / Gujarati
Week 4					
22/8/2019 Thursday	Safety measures for Patients & Doctors	Univarsal precautions	Biohazard and biowaste management	Sports	Computer OR Language: English / Gujarati
23/8/2019 Friday	First aid	Introduction and importance of CPR	Team work in medical profession	Sports	Computer OR Language: English / Gujarati
24/8/2019 Saturday	Holiday (Janmashtami)				

25/8/2019 Sunday	Sunday			
26/8/2019 Monday	Introduction to terminologies used in Anatomy	Meditation / Stress relieving activity	Sports	Computer OR Language: English / Gujarati
27/8/2019 Tuesday	Introduction to terminologies used in Physiology	Yoga	Computer OR Language: English / Gujarati	Language: English / Gujarati
28/8/2019 Wednesday	Introduction to terminologies used in Biochemistry	Yoga	Computer OR Language: English / Gujarati	Language: English / Gujarati
<u>Week 5</u>				
29/8/2019 Thursday	Indoor sports game competition		Interaction with seniors	Language: English / Gujarati
30/8/2019 Friday	General knowledge competition		Feedback from students of foundation course	Language: English / Gujarati
31/8/2019 Saturday	Visit to Orphan home by team "Prayas" and faculties			

1st year MBBS Teaching Learning of Anatomy / Physiology / Biochemistry / Community Medicine will start from 1st September onwards 2019-20.